

 Nutrition Guide	Serving Grams	Calories	Calories From Fat	Total Fat (g)	% Daily Value	Saturated Fat (g)	% Daily Value	Trans Fat (g)	Cholesterol (mg)	% Daily Value	Sodium (mg)	% Daily Value	Carbohydrates (g)	% Daily Value	Dietary Fiber	% Daily Value	Sugars (g)	Protein (g)	Vitamin A % Daily Value	Vitamin C % Daily Value	Calcium % Daily Value	Iron % Daily Value
	12" Pizza Kits																					
Cheese Pizza	101	230	80	9	14	4.5	23	0	25	8	550	23	28	9	2	8	3	11	8	4	30	10
Pepperoni Pizza	110	280	110	12	18	6	30	0	30	10	700	29	28	9	2	8	3	12	10	4	35	10
Whole Wheat Pizza	101	200	50	6	9	2	10	0	10	3	540	23	27	9	3	12	2	13	10	4	25	10
Sausage Pizza	120	280	110	12	18	6	30	0	30	10	760	32	30	10	2	8	4	13	8	4	35	15
White Pizza	85	230	70	8	12	4.5	23	0	25	8	430	18	29	10	2	8	2	10	4	0	30	10
Joe Jr. Pizza Kits																						
Joe Jrs. Cheese Pizza	125	280	90	10	15	5	25	0	25	8	670	28	36	12	2	8	4	12	10	6	35	15
Joe Jrs. Pepperoni Pizza	132	310	110	13	20	6	30	0	30	10	790	33	36	12	2	8	4	14	10	6	40	15
Joe Jrs. Breakfast Bacon	125	380	160	18	28	9	45	0	45	16	840	35	36	12	2	8	2	18	6	0	35	10
Joe Jrs. Whole Wheat	125	250	60	7	11	2.5	13	0	10	3	650	27	34	11	4	16	3	15	10	6	30	15
Joe Jrs. Pop Art Pizza	125	280	90	10	15	5	25	0	25	8	670	28	36	12	2	8	4	12	10	6	35	15
Specialty Joe Jr Products																						
Dessert Delite	78	180	50	6	9	3	15	0	15	5	190	8	27	9	1	4	10	4	4	0	4	6
Chee-Zee Bread	51	180	70	8	12	3.5	18	1	10	3	330	14	21	7	1	4	1	6	6	10	10	8
Cinna-Bread	48	170	60	7	11	4	20	0	15	5	160	7	26	9	1	4	10	3	4	0	2	6
Specialty Products																						
Grilled Cheese Pretzel	100	260	50	6	9	3	16	0	15	4	500	21	41	14	3	10	3	11	4	0	15	10
Jalapeno Cheese Pretzel	100	260	50	6	9	3	16	0	15	4	500	21	41	14	3	10	3	11	4	0	15	10
Pepperoni Four Cheese Calzone	170	520	260	29	45	12	62	0	75	25	1230	51	38	13	1	5	1	27	8	8	35	15
Philly Cheesesteak Calzone	170	460	210	23	36	10	48	0	65	22	1240	51	39	13	1	5	2	27	8	8	30	15
Southwest Queso	156	390	160	17	26	8	40	1.5	60	20	1050	44	43	14	2	8	3	22	15	2	30	10

NOTE: When printing this guide your printers layout properties will need to be set to landscape orientation.